

# THE TRUDGE

Newsletter of the

**SUNSHINE COAST BUSHWALKERS INC.**

FEBRUARY 2010

**HAPPY NEW BUSHWALKING YEAR TO EVERYONE .. Ed**

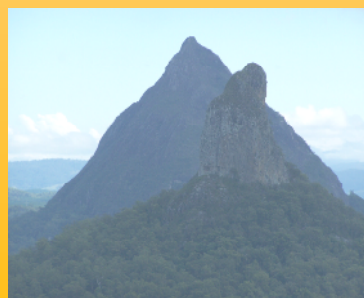
Meetings are normally held on the first Monday of each month, however please check for any changes.

There are no meetings on holidays or long weekends.

Meetings are held at 7.30 pm at the Craft Cottage behind Buderim War Memorial Hall, Church Street, Buderim.

Postal Address:  
PO Box 287  
Buderim Q 4556

[www.sunshinecoastbushwalkingclub.com](http://www.sunshinecoastbushwalkingclub.com)



## **Christmas Party 29 Nov at Boreen Point**

14 of us arrived at the caravan park on Saturday 28th on a hot and humid night - some went to the pub for dinner and the rest had an enjoyable time at the campsite. It rained a little bit, but we were well organized with brollies.

On Sunday the rest of the club members friends and families arrived (about 46 of us). We were entertained by the lovely Michelle on mandolin and Alan our club crooner on guitar.

We sang along to some Christmas Carols and

some old songs. There was plenty of delicious food to go around - we could have fed the whole caravan park .

Some of us went for a swim in the lake to cool off.

I think everyone enjoyed themselves.

It started getting dark when everyone started leaving and it was a lot cooler. We all wished each other Happy Christmas.

JEAN

*Thanks Jean - we are all so pleased to hear your health is on the mend again .....*  
Ed

## **Committee Members**

President:	Jean Tague (temp)	5445 3237
Vice President:	Russell Stark	0404 235 195
Secretary:	Ann Larsen	5493 1606
Treasurer:	Norm Thursby	5476 6921
Walks Secretary:	Alan Winter	5477 1037
New Members Off:	Lynda Gregory	5446 3078
Trudge Editor:	Helen Winter	5477 1037
Refreshments:	Jenny Rodley	5443 1739
Hire Equipment:	Don Burgher	0416 014 323
FMR Representative:	Russell Knight	5443 4748

## Brisbane Forest Park- Northbrook Mountain – Wed 18 November 2009

Walk Leader - Norm Thursby

Having met at 7.15 am and two car pools, we headed down the Bruce Highway to Mt. Glorious and commenced our walk from the Maiala car park at 9 am. We followed the winding rainforest walk (adjacent to the road), for approx 3 kms, meeting up with a forest access road. We were accompanied during this section of the walk by the presence of numerous cat birds. Walking for another 4kms through open sclerophyll forests and being a mountain walk, one continuous gentle climb, with a short scramble to the top of Northbrook Mt. On this section of the walk, we had the company of an abundance of bellminors.

Mt Glorious and the D'Aguilar Ranges could be seen, however as it was a very hazy day, all other views were left to the imagination.

With a gentle breeze blowing, we rested, had lunch, rehydrated, then commenced our return walk back the same way to the car park.

Although graded as an easy walk, the hot humid conditions on the day created some challenges. And a walk would not be complete without a compulsory coffee and cake stop at the Mt Glorious Tea House, with onlookers (kookaburra, lewin honey eater and a satin bower bird) watching our every move. We chose an alternative drive back, through Woodford, slightly longer but very pleasant.

Norm was the only walker in the group to have climbed Northbrook Mt, so it was a "new" walk for the rest of us, and as usual well researched by Norm. The walk was attended by some of the usual Wednesday group, being Norm, Clive, John, myself, Gary, Christina, Chris and Kay being visitors.

Thankyou Norm, we had a great day ..... Una

## Kayak - 6 December 2009

On a still sunny morning at Cotton Tree, thirteen paddlers in eleven craft set out for a day's paddling. By a stroke of luck the tide was full as we needed every inch of water to get over the sandbanks on our way to the Twin Waters weir. In this short time the wind was becoming brisk so we were happy to be in the still waters of the canals lined with classy homes. Bushwalkers usually shy clear of suburbia but occasionally it doesn't hurt to see how the other half lives. It was noticeable that there was very little activity around these homes except one couple who took an interest in us. I shouted "Have you got room for 13 for a cup of tea?" "No problem" was the reply and I'll bet they would have put the kettle on if we had stopped. We did wonder "What are all the people were doing, locked away inside their homes".

Much to most paddlers' relief we found a private treed spot for morning tea.

The wind had become very fresh, 30k's plus, by the time we returned to the Maroochy River, thankfully blowing from behind us. We landed on a beach for lunch and a swim on one of the Maroochy River islands. Luckily I didn't tell anyone, but I would have bet a week's wages that someone would have capsized in the nasty chop. I would have lost the bet as we all beached without mishap.

*Phil*

## Minimum Day Pack Requirements

- Leader must have map of walk area
- First Aid Kit inc snake bite bandages
- Torch
- Compass
- Raincoat/jacket
- Warm clothing
- Matches/lighter
- Water
- Pocket knife
- Signal mirror and/or whistle
- Emergency blanket
- Food
- Optional – insect repellent, sunscreen, binoculars, camera etc

## Lobster Creek – 13 December 2009

We never saw any lobsters...

The usual meeting place was at the Kenilworth Bakery and from there we drove into Bouloomba No. 4 campsite to meet Russell who had camped there the night.

Our party consisted of a group of 6, Ross, Lynda, Jenni, Malcolm, Di J and Russell. Even though the creek never had much water flowing there were still some very nice clear water holes to rinse off in and cool down as the day was quite hot. Around the middle of the day we received a 5 minute shower of rain which only made the rocks slippery.

There were two very colourful flowering trees and as we didn't have Don Burgher with us we were unable to identify them. On a tree there was an orchid flowering with a spectacular metre long spray.

During the day we circumnavigated numerous waterfalls with very little water and in some cases it was easier to use the hand-holds up the front of the waterfall than try to scramble around them. Compared to how wet this area was earlier in the year it is a shame to see it dried out so much, but I'm sure that given some time another trip into that area could produce a totally different outcome.

Oooops... almost forgot the highlight of the outing... Di Jones ripped the back-side out of her shorts.... and Lynda sat on an ants nest, being bitten repeatedly, had to remove her shorts and call for volunteers to apply the ointment.

Happy walking – Mal R

## SUNSHINE COAST BUSHWALKERS INC.

- DW: Day Walk (carrying day packs).  
TW: Through Walk (carrying backpacks, camp out overnight).  
BC: Base Camp (Permanent camp site with day walks).  
SD: Social Day  
FMR: Federation Mountain Rescue  
Easy: Suitable for beginners with basic level of medical fitness.  
Easy – Med: Suitable for beginners with good level of physical fitness. Steep hill climbs, rock hopping, navigational skills.  
Med: Good level of fitness and agility. Steep hill climbs, scrambling skills, experienced leader.

## Program for month of February 2010

Monday 1	<b>MONTHLY MEETING</b>			
Sunday 7	Baxter Creek	DW – E	Jenny Rodley	5443 1739
Wed. 10	Elanda Point – Harry's Hut	DW – M	Norm Thursby	5476 6921
Sunday 14	TBA			
Sunday 21	Mudjimba Beach - Wetlands	DW – E	Russell Stark	0404 235 195
Sunday 28	Coolum–Coolum via North Beach Walk	DW - E	Jean Tague	5445 3237

## WALKING PROGRAM – 2010 – FEBRUARY-JULY

Day/Date	Where	DW/TW/BC E/M/H	Contact	Tel.
<b>FEBRUARY</b>				
Monday 1	<b>MONTHLY MEETING</b>			
Sunday 7	Baxter Creek	DW – E	Jenny Rodley	5443 1739
Wed. 10	Elanda Point – Harry’s Hut	DW – M	Norm Thursby	5476 6921
Sunday 14	TBA			
Sunday 21	Mudjimba Beach - Wetlands	DW – E	Russell Stark	0404 235 195
Sunday 28	Coolum–Coolum via North Beach Walk	DW - E	Jean Tague	5445 3237
<b>MARCH</b>				
Monday 1	<b>MONTHLY MEETING</b>			
Sunday 7	Keep Aust Beautiful Day – Mt Coolum	DW – E	Jean Tague	5445 3237
Wed 10	Tibrogargan – beginners and others	DW – M	Alan Winter/Norm Thursby	5477 1037
Sunday 14	Chenrezig Walk – lunch 11.59 am	DW – E	Ann Larsen	5493 1606
Sunday 21	Northbrook Gorge – Brisbane Forest Pk	DW – M	Russell Stark	0404 235 195
Sunday 28	Kayak – Mary River	DW - M	Ross Thompson	0414 823 352
<b>APRIL</b>				
Fri 2 - Mon 5	Easter – Goomburra ** (refer note)	BC – M	Ursula Bowden	5477 0547
Sunday 11	Kenilworth Bluff	DW – M/H	Bernard Weitkuhn	5442 2006
Monday 12	<b>MONTHLY MEETING</b>			
Wed 14	Mt Boulder (Kin Kin)	DW – M	John Balderson	5448 0016
Sunday 18	Bouloomba Creek/Breadknife	DW – M	Don Burgher	0416 014 323
Sat 24 )	Anzac Day Long Weekend - Sharps )			
Sun 25 )	Park – Coomera Circuit )	BC - M	Russell Stark	0404 235 195
Mon 26 )	)			
<b>MAY</b>				
Sunday 2	Kin Kin No. 3 (Labor Day Weekend)	DW – M	Graham Box	5446 4003
Sunday 9	Charlie Moorland – SD (Walks) – BYO Mother	DW – E	Alan Winter	5477 1037
Monday 10	<b>MONTHLY MEETING</b>			
Sat 15 – Sun 16	Barney Gorge – Jack’s Place	BC – M	Ross Thompson	0414 823 352
Sunday 23	Branch Creek	DW – H	Malcolm Rodley	5443 1739
Sunday 30	Glasshouse Mountains – 3 – South End	DW – M	Russell Stark	0404 235 195
<b>JUNE</b>				
Sunday 6	Noosa National Park	DW – E	Jean Tague	5445 3237
Monday 7	<b>MONTHLY MEETING</b>			
Sat 12 )	Queen’s Birthday Long Weekend – Jack’s	BC – M	Alan Winter	5447 1037
Sun 13 )	Place – Mt Greville – Mt Barney – Mt Maroon			
Mon 14 )				
Sunday 20	Elanda Point – Fig Tree	DW – M	Russell Stark	0404 235 195
Sat 26	Moon Walk		Phil Pratt	5493 8503
Sunday 27	Kayak		Phil Pratt	5493 8503
<b>JULY</b>				
Sunday 4	Planning Meeting for Aug ’10 – Jan ’11 – Maroochy Botanical Gardens <b>9.00 am</b>		Alan Winter	5477 1037
Monday 5	<b>MONTHLY MEETING</b>			
Sunday 11	Cooran – Mt Cooroora	DW – E/M	Alan Winter	5477 1037
Sat 17 – Sun 18	Jack’s Place - Walks – TBA	BC	Don Burgher	0416 014 323
Sunday 25	Kenilworth/Connondale – Great Walk	DW – E/M	Russell Stark	0404 235 195

\*\* Fri 2 – Mon 5 April – Easter at Goomburra – Please advise Ursula Bowden 5477 0547 by Monday 8 February in order for numbers to be booked – thank you.

## EXTRAS AND EXTENDED TRIPS

Date	Where	Contact	Tel.
MaY 21-30	Carnarvon	Linda Gregory	5448 5975
	Cooloola Great Walk	Glenn Burns or Brian Manuel	5441 3913 5448 3256
	Glen Rock	Brian Manuel	5448 3256
	Carnarvon Great Walk	Glenn Burns	5441 3913
	Australian Alpine Walking Track – Kiandra to Canberra	Glenn Burns	5441 3913

### INFORMATION FOR EASTER CAMPING AT GOOMBURRA

**Names of those attending need to be notified to URSULA BOWDEN (5477 0547) by Monday 8 February 2010.**

*Unpowered sites only available*

*Minimum duration of stay over Easter is 3 nights*

*Gates closed at 7.00 pm*

*Adults \$11/night – payment non-refundable*

Family Name

Number of Adults

Number of Children and ages

Check in Date

Number of nights

Number of sites

What you are camping in (eg van, tent, so we know how much room to allocate)

Power required?

Pets?

#### Note from the Walks Secretary –

Thank you to all members who attended our Planning Meeting on 17 January – all input was most gratefully appreciated. FYI - a couple of changes since the AGM – my wife Helen has now taken over as Trudge Editor and Jenny Rodley has agreed to take over as Refreshments Officer. I will be away sailing during February so Russell Stark has offered to do the Walks Secretary job for the month .... I look forward to seeing you at the March meeting..... ALAN WINTER



Please forward any information for Trudge to Helen Winter Trudge Editor at your earliest – thank you – email to:

[ahwin@optusnet.com.au](mailto:ahwin@optusnet.com.au)